

# Learn About NIMH

The National Institute of Mental Health (NIMH) is the lead federal agency for research on mental disorders. NIMH is one of the 27 Institutes and Centers that make up the National Institutes of Health (NIH), the nation's medical research agency. NIH is part of the U.S. Department of Health and Human Services.

**VISION:** NIMH envisions a world in which mental illnesses are prevented and cured.

**MISSION:** To transform the understanding and treatment of mental illnesses through basic and clinical research, paving the way for prevention, recovery, and cure.

## Discover NIMH at the American Psychiatric Association 2021 Annual Meeting



Hear from NIMH Director **Joshua A. Gordon, M.D., Ph.D.**  
**Mental Health Research in the Era of Competing Crises**  
Saturday, May 1, 2021, 2:00–3:30 PM ET

### Additional NIMH Research Track Sessions:

- **Expanding Access to Measurement Based Care: Evidence and Policy Initiatives That Incentivize Quality Care and Health Equity**  
Sunday, May 2, 4:00–5:30 PM ET
- **Suicide Prevention Research for Underserved Youth: Approaches to Addressing the Challenges**  
Monday, May 3, 2:00–3:30 PM ET
- **Novel Approaches to Addressing Mental Health Disparities: A Lifespan Perspective—On Demand**
- **Accelerating Medicines Partnership: Schizophrenia—On Demand**
- **BRAIN Initiative—On Demand**

Visit NIMH's virtual exhibit booth to learn about the Institute and its resources. Chat with an NIMH representative during meeting breaks. You may also request a meeting with our representative while visiting the NIMH booth.



National Institute  
of Mental Health

### Contact the National Institute of Mental Health

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and Communications  
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[www.nimh.nih.gov](http://www.nimh.nih.gov)

# Explore Additional NIMH Resources



## Learn About the Research

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### NIMH 2020 Strategic Plan for Research

[www.nimh.nih.gov/SP2020](http://www.nimh.nih.gov/SP2020)

NIMH research and addressing new challenges in mental health

### News and Events

[www.nimh.nih.gov/news](http://www.nimh.nih.gov/news)

- **Science News** featuring the latest research findings
- **Research Highlights** sharing stories of research being conducted by researchers at NIMH-supported institutions across the country and researchers in the NIMH Division of Intramural Research Programs

### Clinical Trials

[www.nimh.nih.gov/clinicaltrials](http://www.nimh.nih.gov/clinicaltrials)

Information about clinical research and how to find a trial at NIMH or across the country



## Find Tools and Resources for Your Work

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### Mental Health Information

[www.nimh.nih.gov/health](http://www.nimh.nih.gov/health)

Authoritative information about mental disorders and a range of related topics

- **Brochures and Fact Sheets** available in print and online, in English and Spanish
- **Statistics** on the prevalence, treatment, and costs of mental illness for the population of the United States

### Multimedia

[www.nimh.nih.gov/news/media](http://www.nimh.nih.gov/news/media)

Videos featuring science news, lecture series, meetings, seminars, and special events

### Ask Suicide-Screening Questions (ASQ) Tool

[www.nimh.nih.gov/ASQ](http://www.nimh.nih.gov/ASQ)

Brief validated tool for use with both youth and adults in a variety of clinical settings, available in 14 languages. A toolkit is available to implement ASQ in practice.



## Connect With NIMH

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### Email Updates

[www.nimh.nih.gov/news/e-mail-newsletters](http://www.nimh.nih.gov/news/e-mail-newsletters)

Latest mental health news, research advances, upcoming events, publications, clinical trials, meeting summaries, and more

### Discover NIMH

[www.nimh.nih.gov/shareNIMH](http://www.nimh.nih.gov/shareNIMH)

Monthly e-newsletter highlighting new materials and tools to use in outreach and education efforts

### Inside NIMH

[www.nimh.nih.gov/InsideNIMH](http://www.nimh.nih.gov/InsideNIMH)

E-newsletter with NIMH funding opportunities, trends, and future research directions

### Social Media

@NIMHgov | [www.nimh.nih.gov/socialmedia](http://www.nimh.nih.gov/socialmedia)

NIMH social media posts about the Institute's latest initiatives, events, studies, and funding opportunities